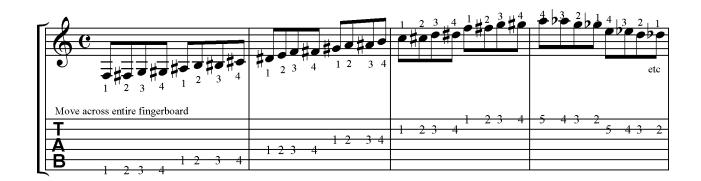
"Technique"

(Exercises to develop speed, accuracy and coordination) by Mike Campese

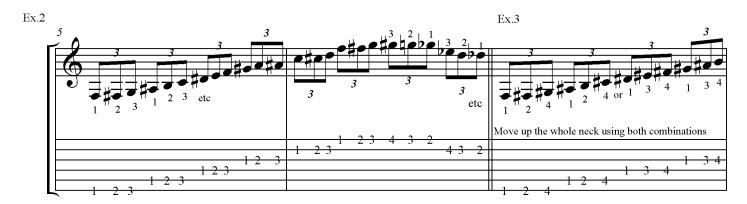
Ex.1



By practicing this exercise it will help improve right and left hand coordination. Be sure to use alternate picking and reverse picking directions for ex. down-up-down-up and up-down-up-down. Hold all fingers down and move one finger at a time up the neck. By practicing this exercise you will notice over time your fingers will be closer to the strings while playing, which will increase your speed. Be sure to practice this with different left hand permutations and experiment with different strings.

24 left hand permutations

1234	2134	3124	4123
1243	2143	3142	4132
1324	2314	3214	4231
1342	2341	3241	4213
1432	2413	3412	4312
1423	2431	3421	4321



Now we will practice 3 note combinations with triplets, use all possible finger permutations up the neck and reverse picking direction.

Left hand 3 note permutations

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